

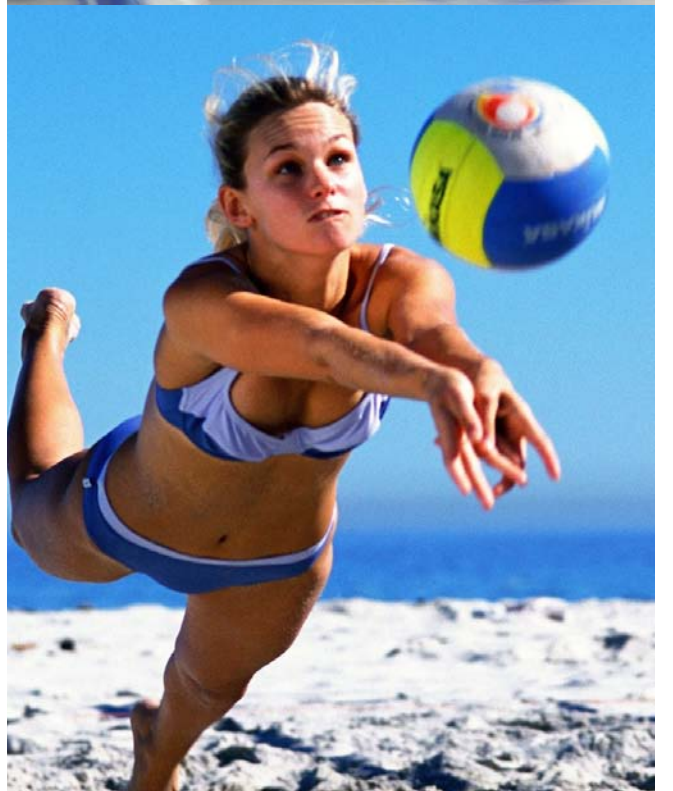


# Healthy Hampton Day

**Saturday, September 25**  
**West Hampton**  
**Community Center**  
**9AM-2PM**

**Free**  
**activities**  
**for all ages**

Come out for a fun activity-packed day for the whole family. Events will include **fitness demonstrations, rock climbing, volleyball, 3-point shot basketball contest,** and more.  
Join in the fun!



**896-4687 ■ [www.hampton.gov/parks](http://www.hampton.gov/parks)**